

## CALL FOR BOARD MEMBERS 2016 - 2018

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The CACS is a leader in promoting vibrant and positive aging. Our mission is to increase awareness of the positive impact that arts participation can have on older adults.

*The process of aging is a profound experience marked by increasing physical and emotional change and a heightened search for meaning and purpose. Creative expression is important for older people of all cultures and ethnic backgrounds, regardless of economic status, age, or level of physical, emotional, or cognitive functioning. The arts can serve as a powerful way to engage elders in a creative and healing process of self-expression, enabling them to create works that honour their life experience.<sup>i</sup>*

The Nominations Committee of the Creative Aging Calgary Society (CACS) would like to hear from creative and strategic thinkers who are interested in volunteering for a two-year term on the Board of this forward-moving, not-for-profit organization.

We are seeking Board Members who have:

- Strong interests in promoting Creative Expression through practical applications
- Experience in working with Seniors
- Motivation to explore, plan and implement education and research related activities
- Willingness to support us to achieve our key initiatives

### FAQs

*How much time will I have to commit?*

- Participation in board meetings (max. 2 hours) held once per month alternating between face to face and conference calls; annual general meeting; and special events (2 – 3 per year)

*What is my role?*

- To share information about CACS and its events/activities with your organization and professional network (prepared documents will be provided)
- To think creatively and suggest ways to network organizations, people and resources to advocate for participatory arts and aging programs
- To engage with the other board members in implementing the CACS Strategic Plan by assuming a participatory role in one or more of our priority areas: advocacy, education, marketing and communications, research, practice and governance

It is an exciting time of innovation and progress as the Creative Expression movement builds amongst aging services organizations! If you or someone you know has the time to give, passion for the issues, and feel that you or they can play a role in inspiring the investments of stakeholders, partners and funders in the CACS and our work, we would like to talk to you.

**For more information on the nomination process please contact:**

**Carol Henckel, Chair, Nominations Committee, E-mail: [chenckel@agecare.ca](mailto:chenckel@agecare.ca) Phone: 403 640 8759**

The deadline for nominations is March 31, 2016.

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<sup>i</sup> National Centre for Creative Aging <http://www.creativeaging.org>